Privacy Statement

Robuust Personal Training · Version 2.0 · October 2026

This is a courtesy translation of the Dutch original. If there is any difference between the two, the Dutch version prevails.

ARTICLE 1

Who are we?

Robuust Personal Training is a sole proprietorship run by Tim van Egmond, registered with the Dutch Chamber of Commerce (KvK) under number 42007259 and based in Amsterdam. Robuust Personal Training is responsible for the processing of your personal data as described in this privacy statement.

Contact: via WhatsApp or email at info@robuustpt.nl · +31 6 22 26 23 98.

ARTICLE 2

Which data do we process?

Robuust Personal Training processes the following personal data:

– Name and contact details (email address, phone number)

– Date of birth (for health and safety purposes)

– Health data, as filled in on the health declaration

– Payment details for the SEPA direct debit mandate via Moneybird

– Training history and data for the monthly settlement

– Communication via WhatsApp and email

– Photo and video material of trainings, only with your consent

ARTICLE 3

Why do we process your data?

We process your personal data for the following purposes:

– **Performance of the agreement:** to schedule and keep track of trainings and to process the monthly settlement.

– **Health and safety:** to be able to train responsibly and take injuries or medical conditions into account.

– **Administration and invoicing:** via Moneybird for creating and sending invoices and collecting payments.

– **Communication:** via WhatsApp for group updates and personal messages about trainings. Anyone in a WhatsApp group can see the name and phone number of the other participants in that group.

– **Photo and video material:** for the website and social media, only with your consent.

– **Legal obligations:** if we are required to do so by law.

ARTICLE 4

On what basis do we process your data?

We process your personal data on the basis of the following legal grounds:

– **Performance of an agreement:** most data is necessary to carry out and settle the trainings.

– **Consent:** for health data we ask for explicit consent via the health declaration. We also ask for consent for photo and video material. You can withdraw your consent at any time.

– **Legal obligation:** insofar as the law requires us to retain certain data (such as financial records).

ARTICLE 5

How long do we keep your data?

We do not keep your personal data for longer than necessary for the purposes for which it was collected:

– **Contact and training data:** up to 1 year after your last training.

– **Financial data (invoices, payment details):** 7 years, in line with the statutory retention obligation.

– **Health data:** deleted after your last training, unless longer retention is required by law.

ARTICLE 6

Do we share your data with third parties?

Robuust Personal Training only shares your personal data with third parties if this is necessary for the performance of the agreement or required by law. We work with the following processors:

Moneybird B.V.	Bookkeeping, invoicing and processing of payments via SEPA direct debit
Proton AG	Secure storage and email communication (Switzerland; EU adequacy decision applies)

Data processing agreements have been concluded with these parties. Your data is not sold to third parties and is not used for commercial purposes outside Robuust Personal Training.

ARTICLE 7

Your rights

Under the General Data Protection Regulation (GDPR) you have the following rights:

– **Right of access:** you can request which data we process about you.

– **Right to rectification:** you can have incorrect data corrected.

– **Right to erasure:** you can request that your data be deleted, insofar as this does not conflict with a statutory retention obligation.

– **Right to restriction:** you can request that processing be temporarily restricted.

– **Right to object:** you can object to the processing of your data.

– **Right to data portability:** you can request to receive your data in a commonly used format.

You can exercise your rights by contacting us at info@robuustpt.nl or +31 6 22 26 23 98. We respond to your request within 30 days.

ARTICLE 8

Security

Robuust Personal Training takes appropriate technical and organisational measures to protect your personal data against loss, misuse or unauthorised access. Files are stored via Proton AG (end-to-end encrypted). Communication takes place through secure channels and access to data is limited to Tim van Egmond.

ARTICLE 9

Complaints

Do you have a complaint about the way we process your personal data? Please contact us first at info@robuustpt.nl or +31 6 22 26 23 98. We would be happy to resolve it together. You also have the right to lodge a complaint with the Dutch Data Protection Authority (Autoriteit Persoonsgegevens) at www.autoriteitpersoonsgegevens.nl.

ARTICLE 10

Changes

Robuust Personal Training reserves the right to change this privacy statement. The most current version is always available on request. In the case of significant changes, participants will be informed actively.

Robuust Personal Training · Tim van Egmond · Amsterdam · info@robuustpt.nl · +31 6 22 26 23 98